



Health On The Ground

The Very Latest News from the Common Ground Health Clinic



One Day Free Clinic Serves 1,000+

It was our honor to welcome the [National Association of Free Clinics](#) to New Orleans this month with a press conference in support of the one day free clinic that served over one thousand patients at the Morial Convention Center. The hundreds of volunteers who staffed the clinic came from all corners of the United States, and worked under the supervision of medical directors Dr. Rani Whitfield and Dr. Corey Hebert.

CGHC was joined at the press conference by City Council President Arnie Fielkow, as well as representatives from the Mayor's Office and the [Algiers Economic Development Foundation](#).

During the one day clinic, CGHC joined other local agencies in handing out information on resources for patients in need of day to day care in the city, including a guide to area primary care clinics.



[NAFC](#) Director Nicole Lamoreaux speaks in front of CGHC

November 2009



1400 Teche Street
Algiers Riverview
New Orleans, LA
70114

Clinic: 504-361-9800
Office: 504-365-8800

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Hot Events!

- December 5
Fire Cider Burial
with CGHC Herbalists
- January 9
Resource Guide
Volunteer Day, Fire
Cider Dig-Up & Herbal
Dinner Party
- January 23
CGHC Fundraiser
sponsored by New
Orleans Salsa Dancers
Details TBA

www.commongroundclinic.org

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Page Two

Time to Make the Fire Cider! Join us Saturday, December 5

It's a healing tradition entering its 5th year in Algiers: Gathering each December at the community garden on Teche Street to make the winter tonic known as Fire Cider. The event will begin at 12 noon with an educational session led by the CGHC Herbalists, and will continue through the afternoon as we chop the ingredients, combine them in glass jars and, finally, bury them in the ground to brew for thirty days.

People of all ages are welcome to this event, and encouraged to bring a snack to share. Extra knives and cutting boards would be great, too.

We will work together to brew Fire Cider for the clinic. If you wish to make some for your own supply, please plan to bring a glass jar with a lid, pint or quart size, and to contribute to the ingredients as you are able:

- Fresh Ginger
- Fresh Garlic
- Apple Cider Vinegar
 - Turmeric
- Fresh hot peppers

We will reconvene on January 9 to dig up the cider and celebrate with a dinner party. Questions? Contact Lanette Williams at 504-473-1346 or lwilliams2101@yahoo.com

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